Winter 2011

Well I have not enjoyed the cold quite as much as my horses…..

I am sure spring is right around the corner!

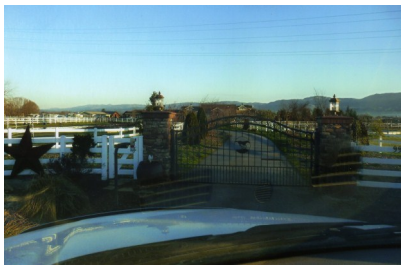
It is always so much fun to watch the horses interact. They are so creative, no limits, always more to do...what amazing minds they have.

I love the way they use their bodies naturally, gives me new ideas on things I can ask.

Boys will be boys……

Perfect pillow!

Fun in California-Jan 2011



Wonderful facility in Gilroy, CA

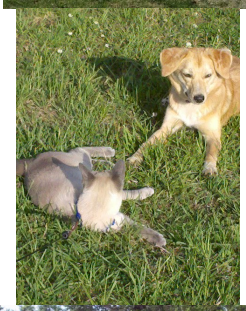
It doesn't get any better than hanging out with your mule! Watch, she will show you where the best grass is….

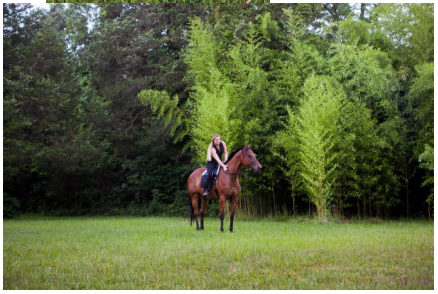
California has always been a favorite of mine and it was so nice to meet new faces and share some exciting ideas. There were two clinics with private lessons, what fun we had! We explored some new ideas in liberty, people were able to allow the horse to find a circle around them even in a larger area. Just by shaping the space a bit differently the horses offered it with ease. I love how the horse shapes it's body when it wants to circle! No more outside bend!

I made sure to get some great wine while I was there too! Worth the trip on every level!

Dates for 2012 are already being planned.

Highlights from 2011





When you are playing with your horse you might stop every now and again and just soak in what is around you. Noticing how nice the day is, what the air smells like, if anything around you has changed. Letting the horse know that you too are aware of your surroundings, sensing and feeling more like your horse. Do you notice that even when the horse is not looking at you, it still senses you are near...they are designed to take in many things at once. We somehow only feel that we have their 'attention' when we have there 'eyes'. While this is part of it, the times you do not have their eyes, keep in mind that you are in their senses.

Some ideas to play with….

> when was the last time you offered your hand for your horse to smell? Will they greet you?

> can you yield the hq's and fq's slow, med, and fast?

> using a rubber curry in the direction of the hair with firm pressure stimulates blood flow and brings the natural oils to the surface. When was the last time you brushed for more than 15mins?

> while riding, be aware of the picture in your head that you are creating when you ask for something. How clear was that picture? See if it can stay the same even if the horse does something different...you might find that if you can keep offering the same picture that they will offer it to you. See what happens! Hmmmm...so focus is more than just our eyes!

With a DVD being filmed in April I have been very busy playing with horses. In order to have enough time I had to cut out some clinics and courses from this year. Please take advantage of these and sign up early as there won't be much room!

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2011 Courses

Now that we are into 2011 people are already planning their spring and summer get away with their horses. These Courses are almost full, so if you would like to come and join me in TN, MT , TX, or FL please email me and let me know. With only 8 people you will get lots of one on one help.

Murfreesboro, TN

May 2nd-14th —-almost full

Advanced– taken more than 5 clinics with me.

May 18th-25th —-3 openings

New students-L2/L3

Sept 26th-Oct 6th —3 openings

Newer students L3/L4

Oct 10th-24th BOOKED FULL

Mineola, TX

June 11th-19th –almost full

Two clinics L3/L4 and private lessons

Helena, MT

July 8th– 17th –almost full

Advanced students L4

July 21st-27th

New Students L3

Yalaha, FL

Nov 1st-14th –almost full

Advanced– taken more than 5 clinics with me.

Nov 17th-22nd

Newer students L2/L3

I love to share ideas with students and watch their minds grow and they see possibilities. Communication is so important, both with your horse and your teacher!

Clinics and Courses are designed for students to feel comfortable learning and exploring with an open door to come ask a question at any time.

Keep warm and I look forward to seeing you soon!

Naturally, Aimee

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